

KOHLS
Healthy
atHome

Student Vision Board

Research shows that having a vision can boost motivation and keep us more committed to our goals.

Students can make creative vision boards to stay inspired and help the adults in their lives to learn more about them.

HOW TO USE

- Print the template on the next page or invite students to design one of their own
- Students may use markers, magazines and photos to fill in each section



My Vision Board

Name:

Date:

A picture of me	Something I do to be healthy	I am grateful for	What I most want to learn this year	Someone I admire
				In 5 years I want to be
My top 3 strengths	I am most proud of		What friendship feels like to me	
My family can best support me by		My teachers and mentors can best support me by		