

KOHL'S
Healthy
at Home

**BACK TO
SCHOOL**
FORWARD TOGETHER



Family Vision Board

Did you know having a vision can boost motivation and keep you more committed to your goals?

This year, let's enjoy the fresh start of moving forward, together.

HOW TO USE

- Print the template on the next page or design one of your own
- Use markers, magazines, and photos to fill in each section
- Revisit regularly to review and celebrate progress

Get more *Healthy at Home* Resources at KohlsHealthyAtHome.org | [#KOHL'SHEALTHYATHOME](https://twitter.com/KOHL'SHEALTHYATHOME)





Our Family Vision Board

Made by:

Date:

A picture of us		We are grateful for	Something we do to be healthy	Our goals this year
Our family logo	Our family motto		Something that makes us happy	
We will support each other by				