

KOHLS  
Healthy  
atHome

## Family Vision Board

Did you know having a vision can boost motivation and keep us more committed to our goals? What's your family's vision?

Together, families can make creative vision boards at home to inspire each other every day.

### HOW TO USE

- Print the template on the next page or design one of your own
- Use markers, magazines and photos to fill in each section



# Our Family Vision Board

Made by:

Date:

A picture of us		We are grateful for	Something we do to be healthy	Our goals this year
Our family logo	Our family motto		Something that makes us happy	
We will support each other by				