



Peach Berry Frozen Yogurt Bark

PREP TIME: 15 MINUTES | FREEZE TIME: 2.5 HOURS | SERVES: 8

This easy, sweet treat has a base of honeyed yogurt loaded with juicy peaches, raspberries, and almonds for a fun fruit and protein snack.

Ingredients

- 1 can (15.25 oz.) no-sugar-added sliced peaches or sliced peaches in 100% juice, well drained
- 2 cups plain low-fat Greek yogurt
- 1/4 cup honey
- 2 tsp. vanilla extract
- 1 cup fresh raspberries, halved or quartered if large
- 1/4 cup sliced almonds, toasted

Instructions

1. Line one large or two quarter-size rimmed sheet pans with parchment paper. Chop peaches into 1/2-inch pieces. Transfer half to a medium bowl and mash with a fork or potato masher. Stir in yogurt, honey, and vanilla.
2. Scrape yogurt mixture onto prepared baking sheet. Spread into an even layer about 1/4-inch thick with a flexible spatula (it will not reach to the edges of the baking sheet). Scatter remaining chopped peaches, raspberries, and almonds evenly on top. Gently press into the yogurt mixture.
3. Freeze, uncovered, at least 2 1/2 hours until solid. Break apart into pieces. Serve immediately or keep frozen in a resealable storage container or bag.