



Veggie Dip Trio

PREP TIME: 10 MINUTES | SERVES: 8

For a simple step to easy entertaining, serve one or all of these quick, vibrant hummus dips with veggies, grilled baguette, or pita chips.

Ingredients

Carrot Ginger Hummus

- 1 can (14.5 oz.) sliced carrots, well drained
- 1 pkg. (10 oz.) classic hummus (1 1/4 cups)
- 1 Tbsp. lemon juice
- 2 Tbsp. minced ginger
- Garnish: cilantro leaves

Spicy Beet Hummus

- 1 can (14.5 oz.) sliced beets, well drained
- 1 pkg. (10 oz.) classic hummus (1 1/4 cups)
- 1 Tbsp. lemon juice
- 1/4 tsp. cayenne or 1/2 tsp. chipotle pepper powder
- Garnish: pistachios

Minty Pea Hummus

- 1 can (15 oz.) sweet peas, well drained
- 1 pkg. (10 oz.) classic hummus (1 1/4 cups)
- 1 Tbsp. lemon juice
- 1/2 cup packed mint leaves
- Garnish: feta crumbles

Instructions

1. For each dip, combine all ingredients in a food processor. Pulse until smooth.
2. Garnish and serve with grilled sliced baguette, pita chips or vegetables.