

Pineapple Paletas

PREP TIME: 5 MINUTES | FREEZE TIME: 6 HOURS | SERVES: 8

Refreshing, vibrant pineapple popsicles are fun, all-fruit treats simply made with two ingredients. Keep them on hand to cool off all summer long.

Ingredients

- 1 can (20 oz.) pineapple tidbits, chunks, or slices in water or 100% juice, not drained
- 2 Tbsp. fresh lime juice (about 1 large lime)

Instructions

- 1. Pour contents of pineapple can and lime juice into a blender or food processor. Pulse until pulpy but not smooth.
- 2. Fill popsicle molds (or small paper cups) and insert popsicle sticks.
- 3. Freeze at least 6 hours or overnight. To loosen pops from molds, run warm water over outside of mold. Gently wiggle sticks and pull.

DATE HE LEVE