Peach Mug Cake

PREP TIME: 5 MINUTES | COOK TIME: 1 MINUTE | SERVES: 1

Satisfy your fruit dessert craving in a snap with ingredients right from your pantry. Great for afterschool snacks too.

Ingredients

• 1/3 cup yellow cake mix
• 1 fruit cup snack (4 oz.) diced peaches, pears, or mangos in 100% juice, not drained
• 1 tsp. vegetable oil
• Optional toppings: Fresh raspberries or blueberries, toasted chopped walnuts or sliced almonds, toasted shredded coconut, powdered sugar, whipped cream

Instructions

1. In a large microwave-safe mug (about 1-1/4 cup capacity), combine cake mix, contents of fruit cup snack and oil.
2. Microwave on HIGH for 1 minute or until cake rises and is puffed on top.
3. Fruit will be hot; let stand at least 2 minutes before eating. Add toppings, if desired.

Note

To store remaining cake mix, portion out by 1/3 cupfuls in sandwich-size resealable plastic bags.

For more recipes and resources, visit www.healthiergeneration.org/delmonte