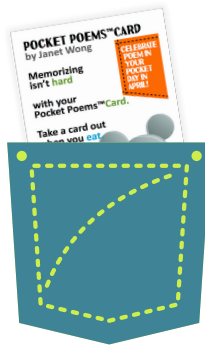


Pocket Poems™ Card by Janet Wong

Take 5: Poetry Brain Breaks



Poetry can bring comfort and joy, reduce stress, and increase language learning. And it's fun!

These brain breaks have everything you need to share poetry one-on-one or as a group, in English or Spanish.

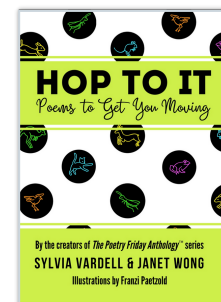
Thanks to our friends at [Pomelo Books](#), publishers of The Poetry Friday Anthology for Celebrations and more.

Take a 5-minute poetry brain break!

- Watch the “Pocket Poems™ Card” [video read-aloud](#) with your child or students
- Follow along with the poem on Page 2
- Print and share copies of the poem on Pages 3 and 4
- Have fun together with these conversation starters
 - Eat a healthy snack while you listen to the poem. Describe the taste, sound, or texture to one another.
 - Guide students in thinking of more possible rhymes for “eat.” Work together to come up with a new line to rhyme.
 - Take turns reading the poem out loud, stopping before the second word in the rhyming pair. Invite your partner to chime in.
 - Make a quick list of things students have in their pockets. Rocks? Coins? Add opening and closing lines to turn that into a list poem.

Want more?

For more poetry fun, visit [PomeloBooks.com](#).



Poetry Brain Break!



POCKET POEMS™ CARD

by Janet Wong

Memorizing isn't **hard**

with your Pocket Poems™ **Card**.

Take a card out when you **eat**.

Read out loud. Again. **Repeat**.

Read. **Bite**.
Read. **Chew**.

Your poem will soon be part of **you!**

poem © 2015 Janet S. Wong from
The Poetry Friday Anthology for Celebrations
Pocket Poems™ Card © 2015 Pomelo Books

CELEBRATE
POEM IN
YOUR
POCKET
DAY IN
APRIL!



TARJETA DE BOLSILLO

basado en "Pocket Poems™ Card"
por Janet Wong

Memorizar es sencillo

con tu tarjeta de bolsillo.

Toma una tarjeta mientras comes.

Léela en voz alta. Otra vez. Repítela.

Léela. Muerde.
Léela. Mastica. **FIND MORE AT
POMELOBOOKS.COM**

¡El poema será parte de ti enseguida!

The Poetry Friday Anthology for Celebrations
150+ holiday poems in English & Spanish



Cut out these poems and put them in your pocket!

Try this!

Read the poem aloud with a partner, but stop before saying the second word in the rhyming pair. Invite your friend to chime in.

Try this!

Find a short or silly poem you like and put a copy in your pocket. Pull it out to read aloud the next time you are waiting somewhere.

Try this!

"Eat" is a neat word! Make a list of other words that rhyme with "eat." Work together to add another line to this poem.



Share this poem! Cut along the dotted lines and give a pocket poem card to classmates, friends, and family.

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by Janet Wong

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Read. Bite. Read. **Chew**.

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poem © 2015 Janet S. Wong from *The Poetry Friday Anthology for Celebrations*
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